

STOP THE BLEED



During a disaster, it's possible you or a loved one may become injured. Stop The Bleed® works to educate the public by raising awareness of basic procedures for treating wounds, lacerations, and bleeding. Knowing how to stop bleeding can save lives before professionals arrive.

STEPS TO STOP BLEEDING

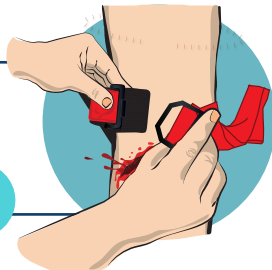
1. Apply pressure with both hands
2. Apply a dressing and continue putting pressure on wound
3. Apply a tourniquet if available and call 911



TOURNIQUET Step by Step

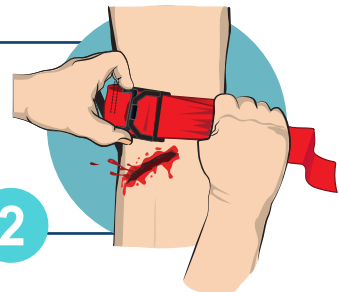
Wrap tourniquet around the limb with an even amount of pressure

1



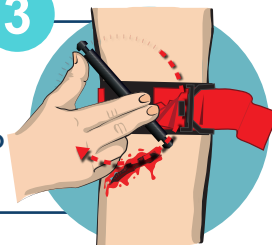
Position the tourniquet several inches above the injury. Never apply directly on a joint

2



Tie the tourniquet tightly and insert a stick or other sturdy object in the knot to create a torsion device

3



Note the time a tourniquet is applied.

A tourniquet should not be applied for more than two hours

4

